

## Health Service Region 8 Influenza Activity Report MMWR Week 29-30 Week Ending 07/29/16



This report covers flu surveillance activities for the 28 counties that comprise Health Service Region 8: Atascosa, Bandera, Bexar, Calhoun, Comal, De Witt, Dimmit, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Jackson, Karnes, Kendall, Kerr, Kinney, La Salle, Lavaca, Maverick, Medina, Real, Uvalde, Val Verde, Victoria, Wilson, and Zavala.

### Flu Activity:

Reports were received from 18 counties this week.  
Twelve counties reported no flu or ILI activity.  
Four counties reported ILI activity only.  
Two counties reported flu by rapid test.  
In Region 8, activity in week 30 was decreased from weeks 28 and 29.

### Antiviral Resistance

No antiviral resistant flu reported in Region 8.

### Variant Influenza Viruses

No variant or novel influenza viruses have been detected in Texas.

### Pediatric Influenza Mortality

None this week.

### Institutional Outbreaks and School Closures

No new outbreaks reported.

### Summary

Influenza activity remains low across the state of Texas. Compared to the previous week, the percentage of specimens positive for influenza and the percentage of patient visits due to influenza-like illness (ILI) marginally increased. No influenza-associated pediatric deaths were reported. No ILI or influenza-associated outbreaks were reported. In addition to flu, other respiratory viruses—especially rhinovirus/enterovirus—were detected in Texas during week 30.

